

YOUR FIRST CAMPING TRIP STARTS HERE

You don't need an RV or expensive gear to go camping. You just need to be prepared enough to feel confident. This checklist is here to help you pack smart, stay organized, and enjoy your trip without stress.

ON THE DAY / ARRIVAL

- ☐ Reservation Confirmation
- ☐ Travel Insurance
- ☐ Phone Charger
- ☐ Headphones
- ☐ Glasses
- ☐ Money / Credit Cards
- ☐ Identification
- ☐ House Keys
- ☐ Car Keys
- ☐ Drivers License for registration
- ☐ For Federal Parks. Park Card
- ☐ Ipad/ Projector

CLOTHING

- ☐ Quick-dry shirts & pants
- ☐ Warm layers (jacket/sweater)
- ☐ Rain gear (poncho or raincoat)
- ☐ Hiking boots / Comfy shoes
- ☐ Extra socks & underwear
- ☐ Hat / Cap for sun protection
- ☐ Pajamas
- ☐ Swimsuit/ Shorts
- ☐ Sunglasses / Glasses
- ☐ Wellies / Water Shoes

FIRST AID

- ☐ Bee sting Kit
- ☐ Antibiotic Cream
- ☐ Eye Drops
- ☐ Venom Extractor Kit
- ☐ Burn Ointment
- ☐ Antibacterial Soap
- ☐ Anti-Acids
- ☐ Aspirin / Ibuprofen
- ☐ Tissues
- ☐ Sterile Compress
- ☐ Latex Gloves
- ☐ Heat and Cold Packs
- ☐ Thermometer

Pro Tip:

Always check your campsite amenities before packing. Some locations provide tables, fire pits, or bathrooms — which means less for you to bring.

You don't need everything on this list for your first trip. Start with the essentials and build from there.

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This isn't about packing everything — it's about feeling ready enough to finally go.

ESSENTIALS

- ☐ Tent with stakes & ground tarp
- ☐ Sleeping bag / Cot
- ☐ Sleeping pad or air mattress
- ☐ Camping pillow
- ☐ Flashlight / Headlamp (with extra batteries)
- ☐ Multi-tool or pocket knife
- ☐ Bed Sheets / Blankets/ Pillow

TOILETRIES & HYGIENE

- ☐ Biodegradable soap/ body wash
- ☐ Toothbrush & toothpaste
- ☐ Wet wipes / Towel / Washcloth
- ☐ Toilet paper
- ☐ Sunscreen/ Sunburn Cream / After Sun
- ☐ Insect repellent
- ☐ Shampoo & Conditioner
- ☐ Hair Brush & Comb
- ☐ Prescribed Medication
- ☐ Lip Balm/ Chapstick

COOKING GEAR

- ☐ Portable stove / grill
- ☐ Lighter / Matches
- ☐ Cookware (pots, pan, spatula)
- ☐ Plates, utensils, cups, Mug
- ☐ Food (easy to cook or heat)
- ☐ Snacks / Trail mix
- ☐ Cooler & Ice packs
- ☐ Trash bags
- ☐ Can opener & Bottle Opener
- ☐ Propane for portable stove

UTILITIES

- ☐ Broom/ Dust Pan / Trash Bags
- ☐ Laundry Bag/ Drying Rack
- ☐ Candle/ Bug Repellent
- ☐ Table Cloth / Table / Chairs
- ☐ Paper Towels/ Trash Bags
- ☐ Dish Soap/ Washing Liquid

Ready to plan your first trip with confidence?

Visit everydayansweronline.com for:

Camping tips

Safety guides

Gear recommendations (budget-friendly + beginner options)

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